

“Does Time Outside Make Us Healthier?”

Come find out
at the launch of

NoVa Outside, An Alliance of Environmental Educators

A free event for educators, parents,
students, and citizens to learn and network



MARCH 22, 2010 6-8 PM

The Original Building, Room 329
George Mason University - Arlington Campus
[3401 North Fairfax Drive, Arlington, VA 22203](http://www.gmu.edu)¹
(Near Virginia Square Metro Station on the Orange Line)

Hosted by

GMU's Potomac Environmental Research and Education Center (**PEREC**)

6 pm **Dr. Laurie Harmon, Program Coordinator**
Parks, Recreation and Leisure Studies, GMU

Introducing current research related to human health and the need to spend unstructured time in nature. What are the latest research ideas for why and how to get people outside?

6:45 **Structured Networking and Brainstorming**

Educational experts facilitate like minds exploring how we reach out to similar types of learners (like early childhood, elementary school, high school, college, families, teachers, homeowners, communities). Then sharing of results with all participants.

7:30 **Invitation to Join NoVa Outside + Informal Networking**

Please bring materials or samples to highlight your interests, products, &/or organization.

Please RSVP to: mmwaterfall@fcps.edu or Jennifertabola@gmail.com

¹North of Kansas St., 0.1 mi East of metro, *Cosi* restaurant & 7-11. For directions, see: <http://tinyurl.com/gmu-arlington>